



SASKATCHEWAN POPULATION HEALTH AND EVALUATION RESEARCH UNIT

University
of Regina



The month of February brought new things for SPHERU: new faces, new grant funding, and some new exposure for some current projects.

Historical timeline

The History of Health in Saskatchewan timeline received additional news coverage from CBC.

Dr. Tom McIntosh appeared on the Afternoon Edition on Feb. 16 to discuss how the interactive timeline is designed to illustrate the history of health care, how it has transformed over the years, and its future in high school and university classrooms.

Speaking at PAW Conference

Dr. Nazeem Muhajarine spoke at the People Around the World (PAW) Conference on Feb. 7 in Saskatoon.

Dr. Muhajarine



Dr. Ian Mosby spoke in Saskatoon at Station 20 West on Feb. 26 and at the Gordon Oakes Red Bear Student Centre on Feb. 27 about how residential school diets shaped current patterns of diabetes among Indigenous peoples in Canada.

talk was entitled, “Building a Woman-Centred Project from the Ground-Up: Mozambique Maternal Health Project.” This talk can be found on the Mozambique Maternal Health Project’s Facebook page.

CIHR success

Dr. Shanthi Johnson’s recent CIHR grant application was successful.

Her project “Evaluation of an Older Adult-Continuing Care Aide Dyad Exercise Program within Home

Care Networks,” was ranked #1 out of 66 in the committee and will carry on from 2018-2020.

Co-principal investigators, Nazeem Muhajarine and Cory Neudorf, and their team were successful in their CIHR grant application for the Screening for Poverty And Related social determinants and intervening to improve Knowledge of and links to resources (SPARK) study.

New staff

There are some new faces at the SPHERU

offices in Saskatoon. Fiona Fick is working for SPHERU as a Research Officer and is conducting a Realist Evaluation in Phase 3 of the Healthy Start-Départ Santé program under Dr. Nazeem Muhajarine.

She has an M.A. in Social Psychology from the University of Saskatchewan. Her thesis focused on burnout and work engagement in long-term care nurses and nursing assistants.

Shatabdi Goon is pursuing her masters in Community Health and Epidemiology at the U of S. She is also working on the Healthy Start-Départ Santé project.

With an academic background in Nutrition and Food Science, her thesis is focused on, “Healthy eating and physical activity intervention among immigrant children attending childcare in Saskatchewan.”