



With summer in full swing, SPHERU was as busy as ever. Our faculty and staff members gathered in Regina this month for our two-day meeting to catch up, brainstorm new ideas and provide updates on current and future projects.

Mozambique project

A SPHERU faculty-led project, aiming to reduce maternal deaths in Mozambique, received \$16.6 million over the next five years from Global Affairs Canada on July 5.

SPHERU director Nazeem Muhajarine and project director Denise Kouri are leading a team of Saskatoon leaders and university researchers, including SPHERU's Sylvia Abonyi, to improve health services for women and approaching barriers that prevent women's access to care in Mozambique.



The leadership of the Mozambique Maternal and Newborn Health study—from left to right: Denise Kouri, Horacio Mandevi, Lidia Monjane, Nazeem Muhajarine, and Antonio Tanda. Photo courtesy of Cheryl Bolster

The team is partnering with national and provincial health ministries in Mozambique.

A team of 25 University of Saskatchewan undergraduate and graduate students in medicine, nursing, nutrition, and physiotherapy, will be working on the project, aimed to improve birth conditions in 20 rural communities in five health districts.

Reader's Digest

Dr. Shanthi Johnson was interviewed for an article about vitamin deficiencies in the July issue of Reader's Digest.

“As people age, diets aren't always balanced, or people eliminate food groups because they can't tolerate them,” Dr. Johnson said in the article, “Vitamin Check.”

Check out the entire article here.

Faculty meeting

SPHERU's faculty two-day meeting kicked off the afternoon of July 18 at the University of Regina.

Faculty provided updates on existing projects and collaborated on ideas for future projects, grant applications, and other possible opportunities.

During meeting discussions, faculty members decided to host the next meeting in Regina, from Wednesday, December 13 to Thursday, December 14.

If you have any information about upcoming events, current and/or new projects related to SPHERU please send them to kristen.mcewen@usask.ca. Photos are always welcome and appreciated!