With summer in full swing, SPHERU was as busy as ever. Our faculty and staff members gathered in Regina this month for our two-day meeting to catch up, brainstorm new ideas and provide updates on current and future projects.

**Mozambique project**

A SPHERU faculty-led project, aiming to reduce maternal deaths in Mozambique, received $16.6 million over the next five years from Global Affairs Canada on July 5. SPHERU director Nazeem Muhajarine and project director Denise Kouri are leading a team of Saskatoon leaders and university researchers, including SPHERU’s Sylvia Abonyi, to improve health services for women and approaching barriers that prevent women’s access to care in Mozambique.

The team is partnering with national and provincial health ministries in Mozambique. A team of 25 University of Saskatchewan undergraduate and graduate students in medicine, nursing, nutrition, and physiotherapy, will be working on the project, aimed to improve birth conditions in 20 rural communities in five health districts.

**Reader’s Digest**

Dr. Shanthi Johnson was interviewed for an article about vitamin deficiencies in the July issue of Reader’s Digest.

Dr. Johnson highlighted the fact that as people age, their diets change. “As people age, diets aren’t always balanced, or people eliminate food groups because they can’t tolerate them,” Dr. Johnson said in the article, “Vitamin Check.”

If you have any information about upcoming events, current and/or new projects related to SPHERU please send them to kristen.mcewen@usask.ca. Photos are always welcome and appreciated!