



SASKATCHEWAN POPULATION HEALTH AND EVALUATION RESEARCH UNIT

University
of Regina



In March, our faculty members saw recognition for their work, drew attention to current projects, and brought professionals together to discuss Indigenous health.

Federal government support

MP Ralph Goodale visited the University of Regina campus on March 12 to recognize the work of Saskatchewan researchers, including SPHERU faculty, and highlight federal funding.

SPHERU's Dr. Gabriela Novotna's project, of which she is a co-principal investigator, received \$451,350 to use technology to help people with substance use addictions. U of R researcher Dr. Randy Johner leads the project.

SPHERU's Dr. Shanthi Johnson and her team received a CIHR grant of \$485,775 to "implement and study



In March, The Conversation Canada picked up a piece entitled, "New research partnership makes childbirth safer in Mozambique." It was written by SPHERU's Nazeem Muhajarine about the Mozambique-Canada Maternal Health project.

the impact of a home exercise program developed for older adults receiving home care, and their home care staff."

The purpose of the project is to improve physical health of older adults and home care staff, including reducing falls and musculoskeletal disorders for support workers.

For more, visit the University of Regina Communications and Marketing site.

Conversation on Mozambique

Dr. Nazeem Muhajarine wrote about the Mozambique-Canada Maternal Health project for The Conversation Canada.

The piece entitled, "New research partnership makes childbirth safer in Mozambique," takes a comprehensive look at the project, what it's setting out to achieve, and why it's needed.

"Mozambique has one of the highest maternal death rates in

the world, estimated at 489 deaths per 100,000 live births in 2015."

Read Dr. Muhajarine's entire piece online at The Conversation Canada.

Miyo Mahcihowin Conference

The Miyo Mahcihowin conference, held from March 15-16, was part of the University of Saskatchewan's response to the Truth and Reconciliation Commission: Calls to Action.

SPHERU's Dr. Sylvia Abonyi was part of the planning committee for the conference with gathered health professionals, Indigenous health service organizations, students, community partners and stakeholders.

Participants were invited to identify health priorities, including mental health, access to services, chronic diseases, and promising approaches to wellness.

