



Interventions to Enhance Social Inclusion of Older Adults with Dementia in Saskatchewan

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INSIDE THIS ISSUE

Welcome

MLA Reception

Advisory Committee Meets in Regina

Featured Resource

PROJECT FACTS

- Project Start Date: September 2019
- Duration: 5 years
- Funding: \$3M contribution from Employment and Social Development Canada's New Horizons for Seniors program
- Project conducted by: Saskatchewan Population Health & Evaluation Research Unit (SPHERU) at the University of Regina
- Location: Yorkton and surrounding area



Research team: Dr. Bonnie Jeffery, Dr. Tom McIntosh, and Dr. Nuelle Novik.

WELCOME

Welcome to the newly funded project on *Interventions to Enhance Social Inclusion of Older Adults with Dementia in Saskatchewan* which will support programs that will reduce stigma and enhance the social inclusion of older adults with dementia and their care partners. This unique project will focus specifically on the needs of older adults in small cities and rural communities in the province. Over the next 4 years we will work with and support 3-4 community organizations to deliver and evaluate interventions at several levels: individual supports, community supports and organizational supports. We are pleased to be working with organizations in Yorkton and surrounding communities who will apply for funding. Please keep in touch with us by signing up for our regular newsletters and checking out progress on our social media pages on Facebook and Twitter (@RuralDementiaSK).

Sincerely,

Dr. Bonnie Jeffery, Project Lead

Email: bonnie.jeffery@uregina.ca



Hon. Warren Kaeding, Dr. Bonnie Jeffery, Dr. Tom McIntosh, Hon. Greg Ottenbreit.



MLA RECEPTION

University of Regina researchers working in mental health and wellness gathered at the Saskatchewan Legislative Building on Tuesday, March 10 to present their work to several MLAs in attendance.

Dr. Bonnie Jeffery and Dr. Tom McIntosh met the Minister Responsible for Seniors and Rural and Remote Health, Warren Kaeding, as well as the MLA for Yorkton, Greg Ottenbreit, to share information and materials about projects taking place at SPHERU.

ADVISORY COMMITTEE MEETS IN REGINA

The *Interventions to Enhance Social Inclusion of Older Adults with Dementia in Saskatchewan* project's Advisory Committee gathered for the first time on February 26th at the University of Regina. The Advisory Committee's one day meeting brought together committee members from across Saskatchewan to provide advice on project planning and to share insights, knowledge, and experiences that will contribute to the success of the initiative.

The Advisory Committee is comprised of thirteen individuals who bring a range of experiences and expertise related to addressing the needs of those living with dementia in rural communities and small cities in Saskatchewan.

The Advisory Committee members are Gord Grant, Claudia Grant, Laurie Schmidt, Dorothea Warren, Edna Parrott, Crystal Spooner, Juanita Bacsu, Lori Tulloch, Les Quennell, Megan O'Connell, Shellie Pociuk, Linda Restau, and John Wright.



The Advisory Committee's first meeting at the University of Regina.

FEATURED RESOURCE

Visit the Alzheimer Society of Saskatchewan's website to read about the changes dementia can cause and learn the ABCs of Dementia: www.ABCDementia.ca

